



**Pulai Springs Resort
Johor, Malaysia**

'Golf Schools In Paradise'

Package IV Day 1

**Two Day Learning Package
Beginners - Intermediate - Advanced**

2 days including 1 x 18 holes

9.00 am Meet Alan Murray and Garry Overy at Pulai Springs Resort

Session 1	<u>Beginners</u> <u>Introduction To The Game</u> > Equipment - Courses - History > Professionals demonstration	Session 1	<u>Intermediate - Advanced</u> <u>Supervised Hitting</u> > Of various clubs at range > Including video analysis and > advisory
Session 2	<u>Imaging The Golf Swing Motion</u> > Begin to learn the grip > Stance - swing with short irons	Session 2	<u>Begin Corrections</u> > Individual attention to problems
Session 3	<u>Short Game Fundamentals</u> > Putting - chipping - pitching - > Bunkers including 3 golden rules > Technique - judgement of distance > slopes etc.	Session 3	<u>Short Game Review</u> > All shots
Session 4	<u>Video Analysis and Advisory</u> > Short / mid irons	Session 4	<u>Fairway Woods / Driver</u> > Analysing / correcting > for more distance and accuracy
Noon	Lunch	Noon	> Lunch
Session 5	<u>Equipment Advisory And Explanations</u> > Rules & Etiquette > Proficiency Certificate - > Handicap advisory	Session 5	<u>Equipment Advisory And Explanations</u>
Session 6	<u>Full Swing Explanations</u> > Including ball flight laws > Tempo - timing - coordination > Theory and practical	Session 6	<u>Golfrobsics - Drills And Training Devices</u>
Session 7	<u>Golfrobsics - Drills And Training</u>	Session 7	<u>Ball Flight Laws</u>

Session 8	<u>Devices</u> > Golf Course Walk <u>Fairway Woods - Driver</u> > More distance - accuracy	Session 8	> Principles and preferences > The four bad shots <u>Mid / Long Irons</u> > On course strategy
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Golf Schools In Paradise

Program IV
Day 2

Two Day Learning Program
 Beginners - Intermediate - Advanced

Session 9	<u>On Course Learning - 18 Holes</u> <u>Golfrobics Exercises - Pregame Loosening</u> > Target orientation - tee up positions > Attack and defence - trouble shots > Slopes - weather conditions > Maintaining confidence - saving strokes > Reading the greens - short game secrets > Preshot routines - judging distance > Tempo on the course - handling pressure > Rules & Etiquette - scorecard explanations > Speeding up play - with / without a buggy
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Noon Lunch

Session 10	<u>On Course Review</u> > Problems - trouble shots > Cures and explanations > Indoor session
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Session 11	<u>Supervised Hitting At Range</u> > All clubs
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Session 12	<u>Short Game Review And Consolidation</u>
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Session 13	<u>Video Analysis And Review Of Past 2 Days Learning</u>
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Session 14	Presentation of Certificates of Achievement at Cocktail Party
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(level 3) Videos and CVCA swing sequence printouts will be forwarded